



Pregnant Bliss

Nurturing Treatments ... for Treasured Moments in Life...

Sole Delight Foot Soak

15min €10

Begin any of your treatments with a luxurious treat for the feet. Tantalizing soothing river rock foot soak aromatic scrub and hot towels.

Nurturing Massage for the Mother-To-Be

30min €30

Specialized for your comfort and care to help relieve tension in your lower and upper back and/or alleviate any swelling in the hands and feet.

Blissful Beginnings

45min €45

Ideal from three months onwards, this treatment is adopted by the therapist to suit you and your pregnancy. A relaxing back massage, then the face is cleansed and rebalanced with a soothing massage extended to the neck, shoulders and scalp. To complete the treatment, a massage is given to the lower legs, feet, arms and hands which restores a feeling of lightness and comfort.

